

## ***FitTec's Friends and Family Offer***

The FitTec Friends and Family Program entitles the recipient to an initial fitness assessment, which includes an introductory body composition evaluation at our FitTec location in Southborough (11 Main St.). This assessment can also be done in a certain capacity on-line. This is a great introductory step to improving one's health and fitness and it allows the recipient to view the FitTec Facility and to meet with Chris. Thereafter, the recipient can participate in FitTec Classes on-line free of charge for a month to get a feel for what FitTec Training offers or they may choose to join and start their in-person / on-line FitTec Program.

This offer was put in place to attract a very limited number of new clients to the FitTec Program. We want to add just a few additional clients to our community. A community that is built on respect and care for fellow members.

FitTec relies on its members to attract new members. It was built on this practice and it has worked well for the past 30 years.

FitTec Member: \_\_\_\_\_

Has recommended you: \_\_\_\_\_

To the FitTec Program.

To get Started Email us at [FitTec@me.com](mailto:FitTec@me.com) or call 508-229-2007. Remember to tell us who referred you.

**See our website at [fiteval.com](http://fiteval.com)**